



Daily Word

Affirmations

Inner Peace

One with the ever-present peace of God, I experience perfect tranquility.

Guidance

I accept the blessing of divine wisdom as my truth and my way in all circumstances.

Healing

Renewed by the power and presence of God, I am healed.

Prosperity

I claim the infinite good that waits me as a child of God.

World Peace

My thoughts of love contribute to the environment of peace that encircles the world.

The WORD of the MONTH

PRACTICAL CHRISTIANITY

“The teachings of Jesus practically applied in one’s daily life.”

...from The Revealing Word
by Charles Fillmore

Reflections

MY BELIEF IN GOD

Through my unwavering belief in God, I am filled with faith and joy.

My heart is filled with a joy that comes from knowing that I am a beloved child of God. Because I believe in the inexhaustible power of God, I live a happy, joy-filled life. I am continually blessed every minute of every day.

I believe that I am more than just a physical body. I am a spiritual being, filled with divine ideas. I know that if I

believe that I am capable of doing something, I can do it!

I am able to face any situation with confidence, for Jesus promised, “All things can be done for the one who believes.” Whatever my needs might be—health, prosperity, employment—God is guiding me to the fulfillment of these and all other needs. What a wonderful feeling it is to know that God is always here for me!

Daily I affirm: *Through my unwavering belief in god, I am filled with faith and joy.*



From The Daily Word...

“Love, Inspiration, and Guidance for Everyone”

Unity of Hilton Head Chaplain and Prayer Ministries are available for your prayer needs. To reach a chaplain, call Elizabeth Mc Ginnes @ 843-341-3899. Chaplains are also available each Sunday after church.

Healing Letters by Myrtle Fillmore

This excerpt is from the chapter titled “Myrtle Fillmore” and describes in her own words her circumstances and inspiration in the birthing of the Unity movement.

“I was once an emaciated little woman, upon whom relatives and doctors had placed the stamp ‘T.B.’ And this was only one of the ailments—there were others considered beyond help, except possibly the changing of structures through an operation. There were family problems too. We were a sickly lot, and came to a place where we were unable to provide for our children. In the midst of all this gloom, we kept looking for a way out, which

we felt sure would be revealed. It was! The light of God revealed to us—the thought came to me first—that life was of God, that we are inseparably one with the Source, and that we inherited from the divine and perfect Father. What the revelation did to me at first was not apparent to the senses. But it held my mind above negation, and I began to claim my birthright and to act as though I believed myself the child of God, filled with His life. I gained. Others saw that there was something new in me. They asked me to share it. I did. Others were healed, and began to study. My husband

continued his business, and at first took little interest I what I was doing. But after a time he became absorbed in the study of Truth too. We consecrated ourselves to the Lord, and kept doing that which we felt led to do. We began to prosper, a little at a time, and our health continued to improve. Life became sweeter and more interesting, and we began to see a new world. In all these years, our interest as not lagged, and we have continued to enjoy the enfoldment of God’s plan in our lives.”

Molly Tomiczek



Reflecting on my interview with Molly Tomiczek, a Bible story and a popular saying came to mind. First, was the story of the woman with the alabaster jar described in the Gospels of Matthew and Luke. You will recall, a woman came with a jar of precious perfume and anointed Jesus much to the disdain of his disciples. The story describes she did so with great kindness and compassion and was honored by Jesus for her unselfish act of love and of service.

Molly’s current career and passion involves this same kind of service as a healer of others with her body and energy work and her strong commitment is to be a channel of love in the world. You will find her practicing her skills as a licensed massage therapist at Island Soma Therapy where she also teaches energy work. Yet, it is the popular saying by Joseph

Campbell that said that life should be “following your bliss” that characterizes the inner life of Molly.

For Molly, her bliss is the healing work and the joy from “helping people feel good.” She is trained in the energy work of Jin Shin Jyutsu, Craniosacral therapy and aromatherapy along with the traditions of drumming and yogic chanting.

At UCHHI, Molly continues her healing work through the ministry of prayer as the leader of the Silent Prayer Ministry as well as a chaplain. In the past, she spearheaded fund raising and was part of the music ministry. To Molly, UCHHI has been a gift of family for her. She enjoys being with like minded people and loves to share “the collective spiritual energy.” For her, finding

Unity was like finding the truth that was already inside. She views UCHHI as a place of constancy, comfort and ongoing heart opening experiences.

Personally, Molly enjoys her two daughters Katie, 25 of Charleston and Anna, 23 of Bluffton. In November she will be blessed with her first grandchild.

When not working, Molly loves to perform musically with her drums and flutes. In fact she is a member of Hanumanis, a chanting group that performs in our area. She also likes cooking and meditating in her tranquil home garden. UCHHI is blessed to have the healing hands and open heart of Molly Tomiczek.

CATHY SNEED

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Spirit Work

LETTER TO GOD

In Myrtle Fillmore’s correspondence she once encouraged a writer to write a letter to God. In the letter she suggested “putting into words that which your heart holds and hopes for.” Then she remarks “have faith that God is seeing your letter and your heart, and that there is wisdom and power and freedom and love to ac-

complish that which will meet your needs.” She then encouraged to “place your heart’s desires with God, don’t be anxious, worried or negative.” Then, “busy yourself with the work God gives, and with study and prayer develop into a real companion and a real radiator of happiness and inspiration.” The result from Spirit will be that you will “draw to you whatever you need to be

well and strong, successful and prosperous.” This wise suggestion continues to be a valid tool so write your letter today and tuck it away



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On the Bookshelf The Story of Unity by James Dillet Freeman

The Story of Unity can easily be considered a primer for new seekers as well as resource for long-time Unity followers. Each of the fifteen chapters reveals the evolution of Unity from its founders Charles and Myrtle Fillmore's original vision to its modern developments. Throughout the book, one can see the unquestionable faith practiced in the difficult, as well as the prosperous times of the Fillmores and the Unity movement. The book contains many nuggets of little known facts as well as the underlying philosophy of Unity. For example, all incoming and out going mail is blessed. Unity was incorporated in 1903 as a scientific edu-

cational institute-not a church. Charles Fillmore often spent 4-6 hours in prayer. Philosophically, a major tenet of the Fillmores was that "happiness is the divine right of human beings and that anything less than happiness is due to our failure to perceive the full Truth of ourselves."

On the last page of the book you will read this passage, which summarizes the spiritual call to the Truth and Unity described in the book.

"If you would find the true message of Charles and Myrtle Fillmore, turn into your own heart and pray. Live for a time by the Unity idea: dare to be-

lieve that God is your health; dare to believe that He is your support; dare to believe that you have in you all the ideas that you will ever need for a happy and successful life; dare to be generous, loving, free. Then in your own liberated spirit, in your own liberated life, you will understand what Charles and Myrtle Fillmore came to teach."

CATHY SNEED

The Unity Church of Hilton Head bookstore is open Sunday after church in the Fellowship Hall. If you have a book request contact Anne Tunney at 705-2608.

"happiness is the divine right of human beings and that anything less than happiness is due to our failure to perceive the full Truth of ourselves."

Did You Know?

- Two beautiful handcrafted pillars made by Randall Peters now grace the sanctuary for displaying candles and flowers.
- Approximately 40 people enjoyed the All-American Potluck.
- Twenty drummers participated in the Drumming and Journey Circle led by Carol Tietjen. See photos on website.
- Janice Creech our musical director is introducing more contemporary music into our services.
- Sacred Circle dancing in Celebration of the Summer Solstice was a fun and uplifting experience. Thank you Carolyn Hubers for your leadership.
- The Silent Prayer Ministry holds the prayer requests in consciousness for thirty days before forwarding them to Silent Unity for continued prayer. The prayer ministry meets once per month. Call Molly Tomiczek to inquire about attending.
- Harris Teeters provides our complimentary goodies for fellowship and is picked up each Sunday by Rosemary Staples, the fellowship coordinator.
- You are invited to bring goodies to share on Sundays following the service.
- If you would like to donate flowers in honor or memory of someone or simply to serve in this way, please call Marie Ford at 757-8480.

August Calendar

Join us for the following messages and events.

August 2: Message- *Mental Energy: Focus and Realistic Optimism* and Birthday/ Anniversary Sunday

August 9: Message- *Spiritual Energy: He Who Has a Why to Live.*

August 16: Message- *Stump the Rev. & Healing Service* 12:00-12:30

August 23: Guest speaker: Liah Kraft-Kristaine is an author of nine books and former CNN host plus a guest appearance on Oprah.

August 30: Prosperity Bank Sunday. Bring your banks to church.

Note from the Editor

We hope the new look and circulation of the newsletter via the UCHHI website is benefiting our church family wherever you are in your physical and spiritual place. Each month the newsletter strives to present a theme, which includes affirming thoughts, metaphysical word definitions, and self-help spirit work. This month the origin of Unity is explored. In addition, a major feature of the newsletter is to spotlight a member of the church and his or her unique spiritual journey. See the Spotlight interview with Molly Tomiczek as she discusses her healing work. Book reviews by the bookstore team are highlighted monthly to help you with book selections. Periodically, we included original prose from members. Most recently, a new section titled *Did you Know?* was introduced featuring church news. In closing, this newsletter is aimed to keep us all connected in word and spirit so your stories, prose, or testimonies are always welcome. **CATHY SNEED**

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Feedback:

The CONNECTIONS newsletter would like to expand with more articles, inspirational messages and poems from our congregation.

Contact Cathy Sneed at sneeds@yahoo.com.

VISIT OUR WEBSITE:

www.unitychurchofhiltonhead.org