

March 2010

Unity Church of Hilton Head Island

Connections

Daily Word

Affirmations

Inner Peace

*I am at peace when my heart and mind
and receive divine direction.*

Guidance

*I quietly tune in to the wisdom of God
and receive divine direction.*

Healing

*I am grateful for the energy and
strength of my healthy body.*

Prosperity

*God's unlimited good flows to me and
through me.*

World Peace

*As we express the peace of God, our
world is transformed.*

*These affirmations are from the
March/April 2010 issue of the Daily
Word. It is suggested to follow these
simple steps to help support you to
create a spiritually centered life.*

- *Claim each affirmation as true
for you and your loved ones.*
- *Give thanks in advance,
remaining open and receptive to your
highest good.*
- *Continue affirming the truth of
each affirmation to inspire you
throughout the day.*

The WORD of the
MONTH

WISDOM

“—Intuitive knowing; spiritual
intuition; the voice of God
within as the source of our
understanding; mental action
based on the Christ Truth
within.”

...from The Revealing Word
by Charles Fillmore

Note from the Editor

Spring is slowly arriving and as we prepare for Easter morning, during this Season of Lent, we are encouraged to fast from false thoughts and beliefs in lack and limitation. This month's theme of wisdom and judgment from The Twelve Powers of Man reminds us that we all know what is good and true if we just listen to our inner voice. *Teach me wisdom in my secret heart—Psalm 51:6*
Cathy Sneed

Reflections

GUIDANCE

Divine love instills wisdom within me. I follow a divinely directed path.

No decision is too difficult to make when I realize that I have the wisdom of God within me. There is no misunderstanding that cannot be resolved when I allow the love of God to guide me.

In the silence of prayer, I become still and realize that the love of God is flowing throughout my being. I recognize divine love as the one true source of all the guidance I will ever need. I know that as divine order works through me, it will bring harmony to every circumstance of my life.

I give thanks to God for divine guidance, and I am grateful that it is available to me at all times. Wisdom and good judgment are mine when I follow the guidance I receive. I know that I am being divinely directed to the path that will lead me to my greatest happiness and success.

“With all wisdom and insight he had made known to us the mystery of his will.”---Ephesians 1:8-9

Daily Word, Love, Inspiration, and Guidance for Everyone

Unity of Hilton Head Chaplain and Prayer Ministries are available for your prayer needs. To reach a chaplain, call Elizabeth Mc Ginnes @ 843-341-3899. Chaplains are also available each Sunday after church and a healing meditation service is the first Sunday of the month following the church service.





Debi Mulanax

All will be perfect is a favorite saying of UCHHI Board Member and Treasurer, Debi Mulanax. As an accountant for over thirty years, she is certainly someone who has to have the accounting figures line up and be perfect. Yet, it is Debi's personal life and spiritual journey that has provided the proof of her belief that "life has happened perfectly."

In reciting the facts of her career, you hear the story of a young teenage mother who knew there was more to come in her life as she persevered through school, while working her way up in accounting positions with major retail and insurance companies in the Cleveland area. She earned a Master's Degree in Finance in 1996 and has been a Certified Public Accountant since 1997. Currently Debi is the assistant comptroller at JCB Heavy Equipment Company in Savannah.

However, what is interesting and critical to her life story is her inner knowing and wisdom that

operates in her daily life. For example, Debi knew she was moving to Hilton Head to be close to her daughter Deana long before a job materialized. She knew a job was waiting for her and continued to affirm it daily until it manifested at JCB. Now, she uses her intuitive knowing in helping others through her volunteer work. Her passion is helping others and Debi firmly states "I am 100% sure I am on Earth for service." Her service includes working with the homeless, Habitat for Humanity and the Lady Bamford Early Childhood Development Center sponsored by JCB. In addition, she is the Treasurer of a new non-profit organization for victims of domestic abuse called The Healing Haven Institute. When not busy volunteering, Debi's interests include music, dancing, theater and cooking. To her friends, Debi is someone always open to new adventures and is happy and optimistic about life, if you catch her between her

paid and many volunteer jobs.

As for her spiritual journey, Unity and her current spiritual path only began upon her arrival in Hilton Head in 2007. Previously she was a life long Roman Catholic. Yet, she did notice a shift began in 2002 while caring for her ailing father and being exposed to the book Conversations with God and Science of Mind magazines. She likes UCHHI for its likeminded people and the warm and loving atmosphere.

This month introduce yourself to Debi and see for yourself her radiant smile and inner light of knowing that "all will be well and perfect."

Her passion is helping others and Debi firmly states "I am 100% sure I am on Earth for service."

Spirit Work

HOUSTON, WE HAVE A PROBLEM!

Years ago there was an inspirational movie about the Apollo 13 crew. Besides the suspense and action presented in the movie, there seemed to be another message that sometimes in spite of massive communication systems and technology, man must use his own intuition or gut feeling to make the right decisions at the right time. This month you are invited to get reacquainted with that "small voice within you" that leads you to right judgment and right decisions. Finding that voice, however, is often difficult with the many

distractions and individual egos common in our daily lives.

Prayer and meditation are the most commonly cited methods. A prayer or meditation can be as short as 30 seconds if accompanied with a deep breath that centers your thinking and allows a moment of peace. Other popular methods are to go to your imaginary quiet place to seek the advice of your guardian angel, your spirit guide, or your totem animal. Another method to finding your wisdom or right judgment is to imagine speaking to Christ/God, a trusted friend, or a departed loved one and asking for their guidance. On a physi-

cal plane, you might feel a spark somewhere in your solar plexus or gut that prompts you to action. Spiritually, it might be a thought that gently floats into your consciousness and you instantly know the correct decision. Whatever the method, it is important to remember that we all have access to wisdom and inner knowing but we need to have the channel open and receptive to the message.

Your SPiritWORK this month is to remember to listen for that small voice when there is a problem- Go within-- God is there.



The Twelve Powers of Man

The series continues with the third power center called wisdom and judgment. In *The Twelve Powers of Man* remember that Jesus and His twelve disciples metaphysically represent the Christ in you, and the twelve powers are avenues in which the Christ expresses through you.

WISDOM & JUDGEMENT

“Teach me the way I should go, for to you I lift up my soul.”

Have you noticed the number of commercials recently promoting remedies for stomach problems, acid reflux, and ulcers? According to Charles Roth, in *A Twelve Power Meditation Exercise*, he notes “those who are continually emotionally excited with impatience, fear, ambition, or anger develop ulcers” and how those “storms of emotion” can cause the solar plexus/stomach to malfunction. Charles and Cora Fillmore go on to clarify how the intelligence of this center knows what is going on in the body as well as functions on the subconscious level. On a chemical level, this center wisely supplies the necessary materials to the body “to build bone, muscle, nerve, eye, ear, hair nails—in fact every part of the organism.”

Looking from this perspective, the value of the solar plexus becomes more apparent as a guide, a seat of wisdom, judgment, and discrimination between good and bad. The Disciple Jameson of Zebedee, represents discrimination and good judgment in dealing with substantial things. It is man’s senses which tend to break moral and physical laws and thus inhibit wisdom. To illustrate, have you noticed how your body gives you instant feedback if you have eaten a disagreeable food? On an emotional level have you noticed how a disagreeable thought toward another gives you an uncomfortable feeling in the pit of your stomach or instantly a stubbed toe?

According to Charles Fillmore, “intuition, judgment, wisdom, justice, discernment, pure knowing, and profound understanding are natural to man.” Our task then, per Fillmore, is “to hold steady to the Lord as our supreme guide” and recognize “one’s sonship and unity with God and we shall be led into all righteousness.”

Cora Fillmore states it this way, “we must have power to judge aright every impulse that arises within the human heart, to judge aright the intense desire back and seeming appetite and passion, and our spiritual facilities must also be strengthened by use and tested by trials until we are accounted safe and sure by the Judge of all.” Furthermore, she states “every soul has

free access to the source of wisdom within.”

To obtain this wisdom from within, Mr. Roth suggests we must empty ourselves of previous programming, beliefs and opinions. Charles Fillmore explains the threefold nature of man “that on every plane there is a certain reflective and discerning power of the mind and its thoughts...in the body conclusions are reached through experience...in intellect, reason is the assumed arbitrator of every question; in Spirit, intuition and inspiration bring the quick and sure answer to all the problems of life.”

Yellow is the color of this center and the sun often represents it. The great Biblical character Solomon is always closely connected with this center due to his great wisdom and judgment.

Finally, Cora Fillmore reminds us that “wisdom is a great dynamic force that carries its power to the love center...a wisdom and love are combined produce peace and poise.”

By wisdom a house is built, and by understanding it is established; by knowledge the rooms are filled with all precious and pleasant riches.” Proverbs 24:3-4

Affirmation*

Jesus Christ is now here raising me to His consciousness of divine judgment, and the wisdom of God is expressed in all that I think, say, and do.

On the Bookshelf

Sermon on the Mount by *Emmet Fox*

The author was a spiritual leader and new thought pioneer. He strongly influenced Louise Hay and Wayne Dyer. This small book reveals some astounding and powerful spiritual truths. One important idea is the Christ is not identical with Jesus—the man.

Fox defines Christ as “the absolute Spiritual Truth” about anything. Understanding this, and using the power of the “name of Christ”, can over-ride Karma. **The higher Law of Spirit supersedes all the laws of physical and mental planes.**

Think about that idea—it seems beyond logic—however Fox explains it clearly.

Every truth seeker will appreciate the clear writing in this book. Fox explains each concept from several angles—so it is crystal clear to the reader. This is good, because the application of these ideas in your daily life will enhance your spiritual growth, as well as your physical and mental health.

This book clarified my perspective from 25 years of studying Unity principals.

I believe the reader will benefit from understanding the whole picture of Divinity, Peace, Karma—and how to lead a spiritual life.

John Sneed

The Unity Church of Hilton Head bookstore is open Sunday after church in the Fellowship Hall. If you have a book request contact Anne Tunney at 705-2608.

**The higher Law of Spirit
supersedes all the laws of
physical and mental
planes.**

March Calendar

Mark your calendar for the following messages and events.

March 7: *The Art of Concentration* and Healing Service 12:00 to 12:30

March 14: *The Law of Visualization*

March 21: *The Faith Factor*

March 28: *The Law of Compensation* and **Palm Sunday and Spring Potluck** following the service. Bring your favorite crock pot dish, salad, or dessert. Also, bring your can goods for local food banks.

April 4: *The Abundant Life*- **Easter Sunday**

Did You Know?

- Six new members were inducted into the church Feb. 14.
- Three small groups are now active.
- Share your love through service Sunday morning. Call Pat Bell at 522-3561 to be a Greeter or Usher.



New Members

Testimonials



Michelle Kamet



Don Weiss



Singer, Caren Calafati

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Feedback:

Have a favorite quote, story, or spiritual experience. Pass it on and let us share it with others. Send to Cathy Sneed at sneeds@yahoo.com

VISIT OUR WEBSITE:

www.unitychurchofhiltonhead.org

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